

**NEBRASKA DEPARTMENT OF
Transportation
HIGHWAY SAFETY OFFICE
and the American Automobile
Association (AAA)**

**AUDIO-VISUAL CATALOG
January 2024**



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--PLEASE READ CAREFULLY--

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Some of the listed videos are on YouTube and you can watch them online.

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ALCOHOL AND OTHER DRUGS

Alcohol & The Developing Brain

22 minutes 22 minutes teens/adults **DVD**

Focuses on the effects of alcohol on the still-developing adolescent and young children brain. Students learn that the moldable nature of the young brain makes learning and acquiring new skills easier but also poses greater risks of addiction and dependence. Also focuses on the risks of alcohol abuse on different parts of the still-developing brain and how alcohol affects decision-making, coordination, and memory.

Binge

30 minutes 2011 teens/adults **DVD**

In this video you will learn what Hammered, Wasted, Plastered & Drunk mean. It is how binge drinkers end up after a night of partying. And young adults who binge drink are more likely to fight, have unwanted sex and get into automobile crashes. A production of NET News.

Binge Drinking & Blackouts: What Every Teen Needs to Know

21 minutes 2021 teens/adults **DVD**

Binge drinking is the most common, costly, and deadly pattern of excessive alcohol use in the U.S. This program interview two teenagers who are recovering binge drinkers. Each recounts the details of their drinking and the related dangers including blackouts, hospitalizations, memory loss, and impacts on relationships with family and friends. Also shares information on how alcohol damages the brain and can lead to various related health issues including addiction.

Choices

32 minutes 2012 teens/adults **DVD**

In this film, Robert Kent tells the heart-wrenching story of how his son, Brandon, and two friends were killed by a drunk driver on Christmas morning. His story illustrates the direct and indirect victims of drunk drivers and the ripple effects their choices send through families. Robert Kent is compelling and painfully honest in his quest to convince others to make the choice **not** to drive even **before** they begin drinking.

Confronting Drunk Driving

26 minutes 2003 teens/adults **DVD**

True story of Mike Poveromo, a young man who killed his two best friends in a drunk driving car crash when he was a teenager. Today, Mike tours the nation's high schools to share his story, and to warn students never to drink and drive. Recounts Mike's dramatic story, viewers will also hear from law enforcement who explain the legal risks involved in drinking and driving, including harsh jail sentences for those convicted of driving under the influence (DUI).

Drugged Driving

30 minutes 2017 teens/adults

<https://www.youtube.com/watch?v=9yWO4xTxN4E>

On any day, at any time, the person driving next to you could be impaired. Increasingly, Nebraska's health care, safety and law enforcement experts point to a dangerous new trend -- driving impaired from illegal drugs, pills, or even common prescription medicines. The threat is the greatest during the evening hours on weekends when as many as one in four drivers could be impaired, according to studies by the National Highway Traffic Safety Administration. NET's (Nebraska's PBS Station) newest documentary "Drugged Driving" addresses this new and dangerous trend and what is being done to improve safety. It explores how medications can impair vision and balance, cause drowsiness or even render a driver unconscious. "Drugged Driving" also looks at research being conducted at the University of Nebraska Medical Center's Mind and Brain Health Labs. The lab uses car simulations and real-time driving data studies to learn how brain activity affects real-world behavior. University researchers are examining connections between personal medical needs, reasoning, and reactions.

Drugged Driving

30 minutes 2017 teens/adults **DVD**

A drugged driving documentary by NET.

Drugged Driving Awareness

6:18 minutes 2011

<https://www.youtube.com/watch?v=WAF7PjQe-LY>

Drugged Driving: The Road to Disaster

25 minutes 2009 teens/adults DVD

Intoxicated teen drivers are responsible for 18% of motor vehicle deaths each year. Alcohol abuses a major factor, but teen drivers' abuse of over-the-counter drugs, prescription drugs and marijuana are rising at an alarming rate. Teens are driving impaired and putting their lives and the lives of others at grave risk.

DUI: The Hard Truth

29 minutes 2008 teens/adults DVD

Reveals the hard truth and horrifying ordeals resulting from driving under the influence of alcohol. Each incident is told "live" in front of an audience of students, parents, teachers, and medical professionals who add their expertise. Dramatic video reenactments hammer home the indisputable truth that driving while drunk or impaired results in unforgettable pain, suffering and death.

Dying High 2: Real Stories of Drugged Driving

24 minutes 2012 teens/adults DVD

The original, award-winning story "Dying High" gives viewers an unblinking look at what happens when teens overdose on alcohol or other drugs. This new program moves onto the nation's highways where viewers follow an ambulance as it responds to a multi-vehicle accident involving teens and drugs. There are no scripts, no teleprompters, and no actors. In addition to this compelling footage, viewers are briefed on the legal complications that follow a drugged driving crash. Includes interviews with real teens who faced the horror of a drugged driving crash. A law enforcement official details the legal complications that follow a drugged driving crash. Counselors offer life-saving tips to help teen viewers reduce their risk of finding themselves in similar circumstances. Includes: Teacher's resource book, student handouts, and pre/posttest in digital format.

Enduring Regret

30 minutes 2008 teens/adults DVD

Chris Sandy's life changed forever when he made the terrible choice to drive his car after he had been drinking. His poor decision cost two innocent lives. The consequences of his bad choice will last forever, and the pain will never go away. Now, Chris Sandy is serving a 30-year sentence and sharing his story of "Enduring Regret."

Graduation Day

30 minutes 2009 high school students DVD

Kelly loves to shoot videos, and on his high school graduation day, he kept the camera rolling straight through commencement and the party that followed. What should have been a quirky keepsake, turned into a record of tragedy as drinking and driving led to the violent deaths of two of his closest friends. Over the course of the program, Dan Rather interviews the survivors and spells out the effects of alcohol on the body. Extremely convincing! Viewer discretion is advised. Intended audience: Young Adult/Adult - FMS Productions – www.fmsproductions.com

High Potency Marijuana: What Every Teen Needs to Know

20 minutes 2023 teens/adults DVD

Legal marijuana is now available with very high concentrations of THC, some as high as 20%. These designer marijuana products are so new, there aren't any long-term studies on them. High-THC cannabis is linked to a slew of health problems, including cannabis hyperemesis syndrome (uncontrolled vomiting), anxiety, psychosis, suicide, and addiction. In addition to more established risks of teen marijuana use, such as problems with learning, attention, and memory.

How Could This Happen? A True Story about Binge Drinking and Death

18 minutes 2013 teens/adults DVD

This program gives students a close up look at the story of Molly Amman, a vivacious nineteen-year-old, straight-A student who died of acute alcohol poisoning in 2011. Through emotional interviews with family and friends, viewers get a firsthand understanding of how one episode of binge drinking can kill. The choices and errors in judgment that lead to Molly's death are presented in stark detail. Students are made aware of the all too real dangers of alcohol poisoning and learn what actions to take if they suspect that someone is at risk of being poisoned.

MADD - Lives Affected

29:14 minutes 2011
<https://www.youtube.com/watch?v=LrG-jHdupw0>

this place.

15 minutes 2005 adults DVD

This film depicts today's generation of youth and alcohol issues, how this is different from 20 years ago, and what communities across the country are doing about it.

Totally Disgusting Alcohol Gross Out Video

15 minutes 2015 teens/adults **DVD**

This devastating video will get students to think twice before engaging in underage drinking. It's all there...the vomiting, the stomach pumping, the DUIs, the toilet clutching, the hangovers, the ER visits, the bad decision making. Viewers will gain a thorough understanding of how alcohol affects the body and the risks associated with alcohol use. This program delivers a strong no-use message.

Your Kids Are Drinking – The Net Collection

60 minutes 2008 teens/adults **DVD**

"Your Kids Are Drinking" examines the most under-reported aspect of under-age drinking by youths – the adults that allow it to happen. This hour-long documentary and discussion includes a visit to small town celebrations where heavy drinking is a tradition and families protect their teenage drinkers. In a larger community, cameras capture under-age decoys purchasing liquor from stores and restaurants. Finally, one family's tragic story illustrates the horrible consequences of teenagers drinking before they can handle its effect. From tougher parenting to a hard-line from law enforcement officials there is a new emphasis on how adults need to take responsibility for the drinking behavior of teens.

BICYCLE SAFETY

Bicycle Safer Journey

5:02 minutes 2015
<https://www.youtube.com/watch?v=dkoVxBnnGko>

Bike Safe. Bike Smart.

9 minutes 2009 elementary and middle school
https://www.youtube.com/watch?v=uBGW8j_Jsg

This entertaining, yet instructional bicycle safety video uses a visually stimulating peer-to-peer approach to teach elementary and middle school age audiences how to "Bike Safe. Bike Smart." Viewers will learn essential information about the rules of the road, signaling, riding at night, safe riding practices, and risky behaviors they should avoid. Tips for purchasing and correctly fitting a bicycle helmet are also included. The information in this video builds on the successful "Ride Smart: It's Time to Start" bicycle safety video which focused on correct use of bicycle helmets.

NHTSA Fitting a Bicycle Helmet

3:47 minutes 2008
<https://www.youtube.com/watch?v=0yzSwxWIJTk>

Ride Smart: It's Time To Start

9 minutes 2009 elementary
<https://www.youtube.com/watch?v=PkVeKrk-WOE>

This fast-paced video features a diverse group of teens and pre-teens modeling the newest, coolest looks in helmets and includes real-life crash examples, computer graphics, and the entertaining, yet instructional "raw egg drop" and "Jell-O brain" demonstrations. The video also explains how to buy an approved bicycle helmet that fits correctly and discusses the rules of the road.

DEFENSIVE DRIVING/DISTRACTED DRIVING

10 Worst Days, The (The Tragic Death of Megan Warman)

5 minutes 2011 teens/adults **DVD**

This DVD is about Megan Warman who should have been experiencing her first fall semester in college, but the outgoing 18-year-old senior at Crestview High School died from injuries she suffered in a one-vehicle accident. Family and school officials say Megan was texting while driving January 27, 2011, when she lost control of her car and crashed. She died from her injuries February 7. Her death prompted an awareness campaign on the dangers of texting and driving. The U.S. Army Combat Readiness/Safety Center in Fort Rucker, Alabama, produced this DVD to educate young troops and students about the dangers of distracted driving.

Almost Home

18 minutes 2013 teens/adults **CD**

Millions drive drowsy every day. Unaware of the danger, they put themselves and others on the road at risk. Here are four true stories of what can happen.

Asleep at the Wheel: The Dangers of Drowsy Driving

15 minutes 2006 teens/adults **DVD**

Each year drowsy driving causes more than 100,000 car crashes and 1,500 deaths. Over 50% of these drivers are in their late teens or early twenties. Meet people affected by drowsy driver accidents, review warning signs and risk factors, and learn tips to ensure alertness and safety. Includes: teacher's resource book, student handouts, and pre/posttest in digital format.

Auto Skid

2004 teens/adults **CD**

Driving Home the Importance of Stopping - Driving is about moving – getting from one place to another. Yet, one of the most important things about driving is stopping. Auto Skid teaches new drivers about factors that affect their ability to stop a vehicle quickly and how they can control those factors to become smart, safe drivers.

Crash Course – What to Know Before and After a Collision

62 minutes 2004 **DVD**

Each year there are almost 20 million automobile collisions. The Better Business Bureau Video Series has partnered with the AAA Foundation for Traffic Safety to provide this important information every driver needs to know. "Crash Course" is divided into three sections: Before the Collision, At the Scene, and After the Collision. Featuring interviews from national traffic safety experts, EMTs, insurance specialists, and attorneys. This program shows how to avoid the most common causes of collisions, provides information you must know at the scene of a collision, and advises how to deal with the consequences of a collision.

Curbing Distracted Driving – Teen and Trucks

22 minutes 2012 teens **DVD**

Distracted driving may be the single largest contributing factor to traffic crashes today. Studies show up to 25% of crashes are directly caused by distracted driving. And while most people think primarily of texting and hand-held cell phone use as the most common "distractions" on the road, anything that takes the driver's attention away from the driving task is a distraction. The DVD discusses three types of distractions: visual, manual, and cognitive.

Danger behind the Wheel: The Facts about Distracted Driving

26 minutes 2010 teens/adults **DVD**

Emphasizes the dangers of driving distractions – applying makeup, eating, changing the radio channels but most of all, talking or texting via cell phone while driving. The programs unforgettable stories and statistics make it clear that no cell phone call is worth losing a life.

Defeating Distracted Driving

17 minutes 2011 teens/adults **DVD**

Key points covering distracted driving and methods to reduce distractions are presented on this DVD.

- Adjust mirrors and instrument panel lighting before entering traffic.
- Get directions or program GPS before you put your vehicle into gear.
- Eat a healthy meal before you get on the road or pull completely off the road to eat or drink.
- Turn off your cell phone or put it on silent mode and let calls go to voicemail while the vehicle is moving.
- **NEVER** text or email while driving!

Distracted Driving: One Call Can Change Everything

6:33 minutes 2012

<https://www.youtube.com/watch?v=UKCh4BHvXSQ>

Watch the story of John and Jean Good. Proud parents, great friends and outstanding individuals who were killed in a crash involving a cell phone distracted driver. Listen to their daughter, Jacy Good, who was only given a 10% chance of surviving the crash. The video also shares the story of Kelsey Raffaele, a beautiful and energetic high school student who made the decision to talk on her cell phone while driving, and in doing so, caused the crash that killed her. National Safety Council, Nebraska

Drive for Life – the National Safe Driving Test

28:29 minutes 2005 teens/adults

<https://www.youtube.com/watch?v=LU2U6ICFv7Q>

Everyone with a driver's license carries the responsibility of keeping the roads and highways safe for everyone. When we get behind the wheel, driving and paying attention to driving is our only job. How much do you really know about the rules of the road? Find out by taking "The National Safe Driving Test." You will answer ten questions and receive a wealth of information pertaining to drivers of all ages aimed at keeping everyone safe behind the wheel.

Driving Safely in Winter Conditions

20 minutes 2008 teens/adults **DVD**

This DVD is about driving in bad weather. It will look at how to reduce accidents, injuries, and hopefully reduce the problems associated with winter driving. Some of the topics covered are proper tires and emergency supplies for vehicle, spinning tires, animals on roadway, speed limits in bad weather, steering on ice, safe stopping distance between vehicles, types of braking systems - conventional or anti-lock (ABS), controlling a skid, black ice, hydroplaning, vehicle fires in winter, etc.

Drowsy Driving

5 minutes 2018
<https://www.youtube.com/watch?v=DWNAaFBdkuM>

Drowsy Driving – Recognizing the Drowsy Driver

teens/adults **DVD**

"Recognizing the Drowsy Driver" program includes: two films, discussion guide, and PowerPoint presentation.

"Breakin' Nite", 8:45 minutes, help teens recognize warning signs and make healthy lifestyle choices.

"A Father's Loss", 5:00 minutes, shows parents and friends positive ways to intervene and reduce risks.

The National Road Safety Foundation

dstrctd driving

30 minutes 2014 teens/adults **DVD**

At any time, about 10 percent of drivers are distracted. They account for about 20 percent of vehicle crashes in Nebraska. Cell phones, passengers, even the radio can distract a driver to the extent that they are risking the safety of themselves and others on the road. Research shows that driving distracted is the same risk as someone with an illegal blood alcohol level of .08. Research also shows that while many people feel they are good at multitasking, it comes with a price and trying to drive while texting or concentrating on a phone conversation is not a good idea. (DVD from NET Nebraska)

Hang Up and Drive

19 minutes 2012 Grades: 7 – College **DVD(English & Spanish)**

In May 2008, Jacy Good and her parents were enjoying Jacy's college graduation day. But the day was shattered when another car crashed into the Good's vehicle killing both of Jacy's parents and sending her to the hospital in a coma. The driver of the other car was talking on his cell phone. Jacy suffered traumatic brain injury that left her with physical, speech, and cognitive impairments that forever changed her life. This video tells Jacy's story through dramatizations and interviews with her and her fiancé. Jacy talks directly to teens about the facts and deadly consequences of distracted driving as only someone with her experience can. This is a must-see video about a preventable danger that almost every teen will face. Included on the DVD are: English video, Spanish video, 11-minute condensed version (English), and 10-page Leader's Guide.

Night Lights: How Retroreflectivity Makes Our Roads Safer

13:32 minutes 2010 teens/adults

<https://www.youtube.com/watch?v=K--ibtOrcgI>

Federal Highway Administration - This video explains the safety benefits and the technology of retroreflectivity -- the property of signs, markings and materials that reflects light from vehicle headlights back to the driver. Excellent visuals depict the effects of lighting (daytime, nighttime, dawn and dusk) and weather (clear, rain, snow, fog) conditions on retroreflectivity. The importance of keeping vehicles in good operating condition, including clean, functioning and properly aligned headlights and functioning taillights and windshield wipers is stressed. The video also demonstrates the importance of wearing retroreflective clothing and using lights when engaged in outdoor activities such as roadwork, jogging, walking, or bicycling.

Safe Driving Tool Kit

2015 teens/adults Manual **4 DVDs**

The National Road Safety Foundation (NRSF) has provided 4 DVDs that contain the following:

(1) Impaired Driving, Speed & Aggressive Driving, Drowsy Driving (2) Driving Skills, Distracted Driving (3) Senior Driving, NRSF PSAs (4) NRSF PowerPoint Presentations, Printable Literature.

Saving Lives: One Stop at A Time

16 minutes 2008 law enforcement **DVD**

This 16-minute roll call DVD opens with two brothers enroute to a football game and being killed in a traffic crash, presents a montage of officers throughout the United States and Canada exerting their very best efforts to reduce fatalities and serious injuries – while simultaneously solving criminal acts, rewinds to an officer stopping and

admonishing the brothers about their speed and failure to wear their seat belts, and ends with the brothers arriving safely at the stadium. It is not intended to dictate agencies policies or training, but instead, to encourage officers "to get into – and to stay in "the game."

Txtng & Drivng...It Can Wait

10 minutes 2011 teens/adults **DVD**

Take a look at the last text message you received. Was it something like WUD tonight? or How r u? Would reading or responding to text messages while driving be worth getting into an accident? Of course not. The message is simple: Txtng & Drivng...It Can Wait. To learn more visit www.att.com/txtngcanwait.

Texting & Driving

17 minutes 2015 teens/adults **DVD**

Driving while texting kills 3,000 teens each year and injures 330,000 more. Clearly explains the dangers, presents the facts and stats, and teaches teens to put the brakes on texting and driving.

Understanding Car Crashes – It's Basic Physics

22 minutes 2000 teens/adults

https://www.youtube.com/watch?v=yUpiV2I_IRI

What happens to vehicles and their occupants in crashes is determined by science. A high school physics teacher uses a series of vehicle maneuvers on a test track plus filmed results of vehicle crash tests, the concept of inertia, the relationship between crash forces and inertia, momentum and impulse, and a lot more. He shows why speed and vehicle weight are critical elements in the outcomes of car crashes and how basic physics explains why safety belts and airbags protect people in crashes.

Unsafe Driving Acts of Motorists in the Vicinity of Large Trucks

17 minutes 2006 teens/adults **DVD**

Experts report the condition most common in collisions involving passenger vehicles and large trucks is motorists' unfamiliarity with the performance, limitations, and capabilities of large trucks. It appears that most drivers are unaware of the limited acceleration, braking, visibility of large trucks and of the relationship between mass and velocity, and the potential consequences of that relationship to safety. Particularly distressing to truck drivers is when a motorist passes a large truck, quickly cuts in front of it, and then exits the highway. Some of the 23 unsafe driving acts covered in the DVD:

- Changing lanes abruptly in front of a truck.
- Right turn squeeze.
- Following too closely.
- Unsafe passing, primarily with insufficient headway.
- Unsafe speed.
- Merging improperly.
- Driving between large trucks.
- Stopping distance.

Winter Driving: When the Rules Change

15 minutes 2005 teens/adults **DVD**

This attention grabbing 15-minute video/DVD dramatically illustrates the importance of adjusting our driving techniques when winter rolls around. Aurora's "famous" Larry character also appears in this video/DVD making one winter driving mistake after another; mistakes we can all learn from. "When the Rules Change" also includes a powerful interview with a woman who was involved in a fatal wintertime crash - an event that changed her life forever. The video/DVD addresses:

- Vehicle preparation for winter.
- Adjusting schedules for winter driving conditions.
- Maintaining good visibility.
- Winter driving techniques including intersections, cornering, skid control, braking, and slowing down.
- Winter survival supplies and techniques.

Young Drivers – The High-Risk Years – Can I Borrow the Car? (GEICO)

16 minutes 2002 teens/adults

<https://www.youtube.com/watch?v=DmIhjMwZs5A>

Crash rates for beginning drivers are much higher than for older drivers. This videotape listens to 16-year-olds tell why they want their driver's licenses and what driving means to them. Parents of teenagers who died in crashes tell how the tragedies happened and how their families have been affected. This DVD focuses on ways to reduce the crashes by limiting high-risk driving by beginning 16-year-olds.

MOTORCYCLE

Intersection

13 minutes

2007

teens/adults

DVD

This DVD presented by the Motorcycle Safety Foundation highlights personal stories from the perspectives of all those involved in the collision between a car and motorcycle at a typical city intersection. Through its depiction of real-world scenarios, it is intended to increase a motorist's awareness of motorcyclists to help minimize risks for both riders and drivers. The DVD is customized into three versions for three distinct audiences: one for teens, another for adults and general driving community, and a third for commercial drivers.

Motorcycle Visual Detection Cues

13:26 minutes

2010

law enforcement

DVD

From the National Highway Traffic Safety Administration – Motorcycle DWI Visual Detection Cues Roll Call DVD.

Riders Helping Riders

2009

teens/adults

CD

Riders Helping Riders (RHR) is an instructional program designed to encourage motorcyclists to intervene to prevent other motorcyclists from operating a vehicle under the influence of alcohol. RHR is intended to convince motorcyclists that an impaired rider needs their help, and they are in the best position to provide help. The program provides techniques for separating drinking from riding, discouraging motorcyclists from becoming impaired before riding, recognizing the signs of impairment, and discouraging impaired motorcyclists from riding.

OCCUPANT RESTRAINTS

<https://www.youtube.com/watch?v=h-8PBx7isoM>

<https://www.youtube.com/watch?v=RjNxmc3Akig>

<https://www.youtube.com/watch?v=Nub4INFyIt0>

<https://www.youtube.com/watch?v=stzrWDJ66MQ>

<https://www.youtube.com/watch?v=o9M83aFG1X0>

GENERAL TRAFFIC SAFETY

AAA Roadwise Review

2005

adults

CD

AAA Roadwise Review is created to help seniors drive safely longer. The program will help to identify health and fitness issues that affect your driving by enabling you to check visual, mental and physical responses. Identify steps to reduce your risk behind the wheel, talk with your doctor about how to maintain your fitness to drive and to monitor your "driving health" in privacy. It's all about taking control of your personal safety and staying independent.